

Supervisor Field Check

Working Alone: Check In and Get Help | v1.0 | October 6, 2026

Task / location: _____

Date / time / shift: _____ Leader: _____

JHA/JSA reference / revision: _____

Change or conditions confirmed unchanged: _____

Short leader check

Mark V = verified, H = hold/not verified, or N/A with a reason. Support each result with evidence below or a referenced task record; a blank is not a pass.

Check	V / H / N/A
Task assessed as suitable for lone work; required staffing retained.	
Permitted work, location, duration and change limits agreed.	
Named contact and backup accept monitoring duties for the full period.	
Primary and backup communication tested from actual work location.	
Missed-contact response, emergency access and task closeout confirmed.	

Control verification — attach more rows for all required controls

Control / exposure	Source, revision & criterion	Safe method / verifier	Actual result / time / status

Use applicable regulatory, manufacturer, procedure, permit or engineering criteria. Only appropriately competent and authorized people perform checks; do not improvise tests or enter danger to verify protection.

Unresolved item / restriction: _____

Action owner / due before exposure: _____

Correction / recheck result and time: _____

Stop contact: _____ Restart authority: _____

Next recheck trigger: _____ Crew rebrief completed: _____

Disposition: [] HOLD affected work [] Checks complete; required approval confirmed

Approval / permit reference or justified N/A: _____

Leader / date / time: _____

Unverified required protection means HOLD. Correct, recheck, obtain required site authorization and rebrief before exposure.

This sheet supports the task plan. It does not replace required permits, inspections, specialist decisions or employer authorization.