Health Care and Social Assistance Safety Orientation

Ask your supervisor at an approved meeting point. Type here or print all three pages.

Confirm the training and permission for your actual work

Employee workplace awareness only. This is not clinical care, transfer or restraint training, professional licensing, or permission for a task. Required infection-control, blood-exposure, respirator, safeguarding, mandatory-reporting and privacy instruction remains separate. It does not qualify first aid, CPR, AED, security or rescue work.

Free with an account. Allow 30 to 60 minutes total: online learning plus this supervisor walkthrough.

If you are unsure, stop and ask.

It is okay not to know the answer. It is not okay to pretend you do. Questioning is how we learn.

Learner or team member

Supervisor or host contact

Employer, location and approved meeting point

Walkthrough date

Role, work setting and shift - use the examples on page 3

01 / Before entry or the first task

What are my tasks and care limits? Who checks age limits, training, licenses and permission?

Who explains the current care or handling plan? Who provides trained help and backup for my role?

Who completes my host handoff? Show allowed rooms, routes, equipment limits and traffic boundaries.

Find it together

Use an approved meeting point. Ask the employer and host to explain your local role and limits.

Keep patient, resident, client, child, staff, medical and private security details out of this form. Record general instructions only. Do not test alarms or equipment, practice care tasks or enter restricted areas for this worksheet. Get urgent help from a safe place; do not wait for routine permission.

How do I call 911 or local emergency help? What actual address, building and entrance should I give?

Show alarms, exits, assembly and shelter areas. What is my role in helping and accounting for people?

Which infection rules apply? How do I report possible blood exposure and get prompt medical evaluation?

Where are first aid supplies and any AED? Who can help, and how do I contact them?

Who helps with threats? What are the visit, pets, weather, travel, check-in and lost-contact plans?

Where are extinguishers? What is my fire role? Knowing PASS does not authorize firefighting.

Show exact product labels and immediate SDS access where needed. Who explains approved use?

Which PPE, fit and use training apply? Who explains any blood-exposure or respirator program?

Who handles damaged or unfamiliar equipment? Where is any required emergency washing station?

Walk the plan through

Explain the agreed plan in your own words and name who will close each open item.

02 / Connect the basics to your work area

Ambulatory and outpatient services
Who confirms clinic routes, exposure controls and limits on added duties?
Hospitals
Who explains department access, supply movement and my emergency role?
Nursing and residential care
Who confirms the current care plan, handling aids and designated trained help?
Home and community visits
Who confirms each visit plan, check-ins, changed conditions and backup?
Social assistance and child care
Who explains my support or care limits, allowed areas and safe supply handling?

These paths are examples and may overlap. Ask which local requirements apply.
Use trained help for unclear care tasks; keep assigned care covered under the local plan.

Who reviews my workstation, repeated tasks, workload and fatigue? How do I report early discomfort?

Who checks the whole load, cart, route and aids before I move supplies? Do not improvise person handling.

In my own words, what is my safe plan, and when will I pause if a task or condition changes?

What remains unresolved, and which task or area must wait until the answer is confirmed?

Who owns each open item? Record the follow-up date/time and how we confirm it before affected work.

03 / Acknowledge the discussion

We discussed the local plan and open items. Record the online result separately. The employer separately confirms required training, skills, licenses, care roles and work permission. These names acknowledge a discussion. They do not certify clinical, person-handling or emergency-response qualifications.

Learner name and acknowledgement date

Supervisor name and acknowledgement date